



# **CINCY MIXED MARTIAL ARTS AND FITNESS PRESENTS 2<sup>nd</sup> ANNUAL YOUTH WRESTLING CAMP**

Dates: July 21-22 (1<sup>st</sup> - 5<sup>th</sup> graders)

July 23-24 (6<sup>th</sup> - 8<sup>th</sup> graders)

Times: 10:00 a.m. - 2:00 p.m.

Ages: 6 thru 14

Cost: \$60.00

\$100.00 for two wrestlers

\$50.00 per wrestler for teams of ten or more

- Pre-registration will begin July 13<sup>th</sup>.
- Gear needed- Wrestling shoes, T- shirt, Shorts, Towel, HeadGear (not mandatory but highly encouraged)
- Wrestlers are encouraged to pack a lunch each day of wrestling. Fruit snacks, fruit, water and Gatorade will be provided each day.
- Coach Larry Johnson and guest instructors will be instructing the camp.
  - **Coach Matt Koz**
    - 2 X NCAA Qualifier- Minnesota/Univiversity of Tennessee
    - 3 X Ohio State Champ at St. Ed's High School
    - Ohio State Placer 5th as Fr. at St. Ed's High School
    - Jr. National Freestyle Champ
    - USA Dream Team- #1 ranked 215 pounder in country

Mail all forms and payments to:

Cincy MMA and Fitness

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